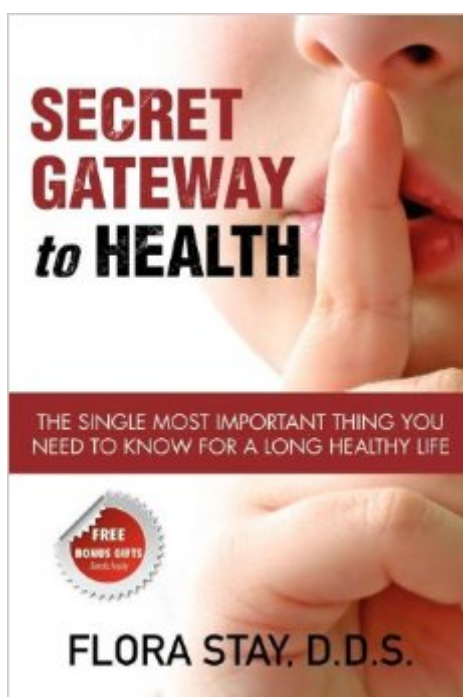


The book was found

# Secret Gateway To Health: The Single Most Important Thing You Need To Know For A Long Healthy Life



## Synopsis

Your Mouth Has a Lot to Say, Even if You're Not Talking. The mouth is one of the organs in the body that is the least understood by the general public, yet one of the most important. It effects our heart, our immune system, chronic illness such as diabetes, and makes an important impact on our self confidence. Dentist Flora Stay, felt it was time to help everyone, especially baby-boomers who are concerned about their health, to get a better understanding of the mouth connection to overall health. Having an integrative health approach, ""Secret Gateway to Health"" covers conventional treatment, alternative approaches and how to partner with your dentist to bring about health of your mouth. Dr. Stay, being an educator (professor at U.S.C. School of Dentistry), and a scientist, the book exposes fake treatments and debunks myths, yet recommends alternative treatments that do work. Even toothpaste is discussed and why many have a warning on the back.

## Book Information

Paperback: 207 pages

Publisher: Morgan James Publishing (April 1, 2008)

Language: English

ISBN-10: 1600374115

ISBN-13: 978-1600374111

Product Dimensions: 6.1 x 0.6 x 8.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #2,369,538 in Books (See Top 100 in Books) #35 in [Books > Medical Books > Dentistry > Craniomandibular & Temporomandibular](#) #315 in [Books > Medical Books > Dentistry > Dental Hygiene](#) #375 in [Books > Medical Books > Dentistry > Preventive](#)

## Customer Reviews

As a family physician, we get very little, if any, training and information on oral health. We definitely don't get training on how oral health can affect the entire body. Dr. Flora Stay's book is an excellent resource for me in treating my patients. Now I take a closer look at my patients oral health and I realized that those patients with many health problems, also have poor dental hygiene and health. This book has given me the knowledge to inform my patients of proper dental treatment that will ultimately improve their overall health. I recommend this book to all of my patients. This is a great resource not only for physicians, but the general public as well. It is very easy to read and understand for everyone. We can all improve our overall health just by reading this book and

making the changes that Dr. Stay recommends.

This book, written by a dentist, discusses an important, little known subject: the connection of the health of the mouth to the entire body. If the mouth is not properly maintained, it's difficult to maintain total health and well being. I know this to be true because I suffered from gum disease. Once I discovered (thanks to my dentist) that I had gum issues, other health problems cleared up as well. After reading this book, I was astonished at the many health problems that stem from improper dental care. This outstanding book is nothing to sneeze at. The author provides helpful anecdotes, useful information on products to purchase as well as excellent suggestions backed up by research. It's mostly written in a conversational manner, making it easy to read and understand. It offers a wealth of information. I greatly appreciate books written by professionals who encourage patients to explore alternative, less invasive means of treatment. This is just such a book.

[Download to continue reading...](#)

Secret Gateway to Health: The Single Most Important Thing You Need to Know for a Long Healthy Life  
Single Mom: The Ultimate Guide to Single Parenting: How to Be Successful at Single Parenting and Raise your Kids Easily (Single Mom Books)  
The Final Days of Jesus: The Most Important Week of the Most Important Person Who Ever Lived  
Gateway to Italian Songs and Arias: Low Voice, Book & 2 CDs (Gateway Series) (Italian Edition)  
PARENTING: Single Parenting For Moms: A Guide in Raising Your Family and Being a Successful Mom (Parenting, Single Parent, Single Mother, Parenting Boys, Parenting Girls, Raising kids, Healthy child)  
Northwest Top 10 Garden Guide: The 10 Best Roses, 10 Best Trees--the 10 Best of Everything You Need - The Plants Most Likely to Thrive in Your Garden ... Most Important Tasks in the Garden Each Month  
New Complete Guide to Band Saws: Everything You Need to Know About the Most Important Saw in the Shop  
Healthy Smile, Healthy Body!: Your Mouth is the Gateway to Health. Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2)  
50 Maths Ideas You Really Need to Know (50 Ideas You Really Need to Know Series)  
601 Words You Need to Know to Pass Your Exam (Barron's 601 Words You Need to Know to Pass Your Exam)  
Everything You Need...english To Know About English Homework (Everything You Need to Know about (Scholastic Paperback))  
42 Guitar Chords Everyone Should Know: A Complete Step-By-Step Guide To Mastering 42 Of The Most Important Guitar Chords (Everyone Should Know Books)  
Parenting For Single Mothers: Being A Good Mom And Raising Great Kids (Single Parent, Single Mom, Parenting Boys, Parenting Girls)  
Parenting: SINGLE PARENTS' BOOK: HOW TO BE THE BEST MOM AND DAD AT THE SAME TIME! 11 RULES ON HOW TO

RAISE GREAT KIDS ALONE (Single,Parenting,Parenting Toddlers,Single Parenting) The Single Parent Dating Solution: A Guide Through Roadblocks In Dating And Romance While Single Parenting (Single Parenting For Mothers, Dating Advice For Women) Know Your Numbers, Outlive Your Diabetes: 5 Essential Health Factors You Can Master to Enjoy a Long and Healthy Life (Marlowe Diabetes Library) Good Gut: The Next Thing You Should Do If You Want to Heal Your Gut and Improve Your Intestinal Health (good gut guide, gut health, good gut diet) Your Texas Wills, Trusts, & Estates Explained Simply: Important Information You Need to Know for Texas Residents Your Florida Will, Trusts, & Estates Explained: Simply Important Information You Need to Know (Back-To-Basics)

[Dmca](#)